

GROUP LESSON TIME TABLE

STUDIO: EASTWOOD

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| 9:00 | | | | | | 6:1 GROUP [ENG] | |
| 10:00 | 6:1 GROUP [KOR] | 6:1 GROUP [KOR] | 6:1 GROUP [ENG] | 6:1 GROUP [KOR] | 6:1 GROUP [KOR] | 6:1 GROUP [ENG] | 6:1 GROUP [ENG] |
| 11:00 | 6:1 GROUP [KOR] | 6:1 GROUP [KOR] | 6:1 GROUP [KOR] | 6:1 GROUP [KOR] | 6:1 GROUP [KOR] | 6:1 GROUP [ENG] | |
| 12:00 | 6:1 GROUP [ENG] | 6:1 GROUP [MAN] | 6:1 GROUP [ENG] | 6:1 GROUP [ENG] | 6:1 GROUP [MAN] | | 6:1 GROUP [ENG] |
| 1:00 | | | | 6:1 GROUP [MAN] | | | 3:1 TEENS |
| 2:00 | | | | | | | |
| 3:00 | | | | | | | |
| 4:00 | | | | | | | |
| 5:00 | 3:1 TEENS | 6:1 GROUP [KOR] | | 6:1 GROUP [KOR] | 3:1 TEENS | | |
| 6:00 | 6:1 GROUP [ENG] | 6:1 GROUP [KOR] | 6:1 GROUP [KOR] | 6:1 GROUP [ENG] | 6:1 GROUP [ENG] | | |
| 7:00 | 6:1 GROUP [MAN] | 6:1 GROUP [KOR] | 6:1 GROUP [KOR] | 6:1 GROUP [KOR] | 6:1 GROUP [ENG] | | |
| 8:00 | 6:1 GROUP [ENG] | 6:1 GROUP [ENG] | | 6:1 GROUP [KOR] | | | |

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| Lesson Type | 6:1 REFORMER GROUP REFER TO THE TIMETABLE 1:1 PRIVATE / 2:1 DUET / 3:1 SEMI PRIVATE 9AM-9PM MON TO FRI & 9AM -2PM ON WEEKEND |
| | SERVICE TYPE: ENG / MANDARIN / CANTONESE / KOREAN DURATION OF LESSON : 50 MINS LEVE: BASIC [BEGINNER], PROGRESSIVE, INTERMEDIATE |
| Online Bookings | Visit: WELLNESSPILATESSYDNEY.COM > Home > Click "Eastwood" Need assistance for booking? 0415 878 773 |
| Opening Hours | Mon to Fri 9am to 9pm Sat & Sun 9am to 2pm Public Holidays : Closed |