

GROUP LESSON TIME TABLE

STUDIO: CASTLE HILL (JAN 2025)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00			KOR				ENG (BASIC)
9:00	KOR (BASIC)	ENG	ENG	ENG (Basic)		ENG (BASIC)	ENG
10:00	ENG	KOR	ENG	ENG	ENG	ENG	ENG
11:00	KOR	ENG (BASIC)	ENG	MAN	ENG	KOR	ENG
12:00					ENG		
5:00	ENG	ENG	KOR (BASIC)				
6:00	ENG	ENG (BASIC)	ENG	ENG (BASIC)	ENG (BASIC)		
7:00	ENG (BASIC)	ENG	ENG	MAN	ENG		
8:00	ENG	ENG	ENG	ENG	ENG		

Lesson Type	5:1 REFORMER GROUP REFER TO THE TIMETABLE 1:1 PRIVATE / 2:1 DUET / 3:1 SEMI PRIVATE 9AM-9PM MON TO FRI & 9AM -3PM ON SAT
	SERVICE TYPE: ENG / MANDARIN / CANTONESE / KOREAN DURATION OF LESSON : 50 MINS LEVE: BASIC [BEGINNER], PROGRESSIVE, INTERMEDIATE
Online Bookings	Visit: WELLNESSPILATESYDNEY.COM > Home > Click "Castle Hill" Need assistance for booking? 0426 987 885
Opening Hours	Mon to Fri 9am to 9pm Sat 9am to 2pm Sun 8amto 12pm Public Holidays : Closed (25th Dec - 12th Jan are closed)